

F1 SURVIVAL GUIDE

Specialty	Liaison Psychiatry
Location/s	Liaison Psychiatry Office, Brown Zone, Level 1, Medway Maritime Hospital
Team	Consultant Psychiatrists: Dr Katina Damaskinidou, Dr Amit Bhardwaj

Different Roles / Type of uniform	<p>Team Managers, GP trainees, Specialist Doctors, Foundation Doctors, Liaison Psychiatry Practitioner (LPP), trainee Advanced Clinical Nurse Practitioner (t-ACP), Psychologist, student nurse practitioners, medical students, admin staff</p> <p>There is not a specific uniform for different roles. Staff wear comfortable clothes.</p>
In charge / How to identify	
Key Contacts	<p>Liaison Psychiatry Managers and Consultant office – ext 5128</p> <p>Liaison Psychiatry Purple Room – ext 3826</p> <p>Liaison Psychiatry Doctors Room – ext 3083</p> <p>Psychiatry referral pager - 07623382686</p>
Computer Systems - Across the Trust / General	<p>You will need a KMPT computer to access Rio for patient mental health records.</p> <p>You will need a Medway computer to access the below:</p> <ul style="list-style-type: none"> • EPR - health records • iLab - blood results • PACS - imaging results
Computer Systems - Specific to department	
Induction	1-week virtual induction via online platform called Lifesize, covering systems training including Rio and eMeds. You must also complete several mandatory e-learning modules on iLearn.
Board rounds	<p>Handovers take place at 8:00am in the Liaison Psychiatry Purple Room in Red Zone, Level 2. You can join the meeting in person or call via Lifesize from the Liaison Psychiatry office in Brown Zone, Level 1.</p> <p>Handovers involve going through all the patients that are on the Team’s caseload and seeing whether there are any important plans in place.</p>
Departmental Teaching	<p>Mondays (12:30-13:30) – Journal Club</p> <p>Tuesday (fortnightly 13:30 – 17:00) – Psychiatry teaching</p> <p>Friday (12:30 – 13:30) - Balint Meeting</p> <p>Reminders and updates are sent out frequently by the Medical Education Department.</p>

Shift patterns - Rota - Breaks	Normal office hours (9am-5pm). However, to attend handover it is acceptable to do 8am-4pm. There is no set time for lunch, you take it when you feel it is appropriate to do so.
The typical day / What to expect	After handover at 8am, the patients that need to be seen on the day will be split up amongst the team. During the day you will see a variety of patients and will conduct either an initial/core assessment for new admissions or a review. You would either conduct these assessments on your own, with the consultant or with one of the other clinical staff (e.g., nurse practitioner or psychologist). Assessments take place on the ward (for existing inpatients) or in A&E (commonly the Clinical Decision Unit/CDU).
Referrals	Referrals are made by paging the Liaison Psychiatry team. The pagers are held by the Liaison Psychiatry nurse practitioners in the Purple Room. The referrer must leave their name and extension number and a member of the team will get back to them. Once patients have been referred, they must be assessed by Liaison Psychiatry within 24 hours.
Audits	Conducting audits and Quality Improvement Projects (QIPs) are encouraged. Ask your consultant for any opportunities to get involved, or you can come up with your own ideas!
Useful Resources	KMPT's intranet "i-connect" contains links to useful medication websites and Trust policies.
Top Tips	Try and get involved as much as you can! Take the opportunity to see patients in CDU/A&E with the nurse practitioners as they tend to know more about what external services are on offer to patients.
Conclusion	Liaison Psychiatry is an external service provided by KMPT to provide mental health support to patients at Medway Hospital. The patients can either be existing inpatients, or patients in A&E.